



KA JIVE SEASON 4!

**WHAT THE
STINGY MEN
ARE SAYING**

**CROCHET
FASHION
4 THE
SUMMER!**



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10 Home Remedies to lose belly fat



1. Drink Lemon Water
2. Have Fish Oil or Fish
3. Have Ginger Tea
4. Use Garlic
5. Herbs Infused Water
6. Lean Meat
7. Sip Green Tea
8. Hot Peppers
9. Coconut Oil
10. Easy Lifestyle Changes
 - Sleep adequately
 - Reduce or stop alcohol

TOP 5 UNDERRATED RAPPERS

A list of 5 rappers that don't get the respect they deserve.

5



BAS

4



LOGIC

3



MEEK MILL

2



AB SOUL

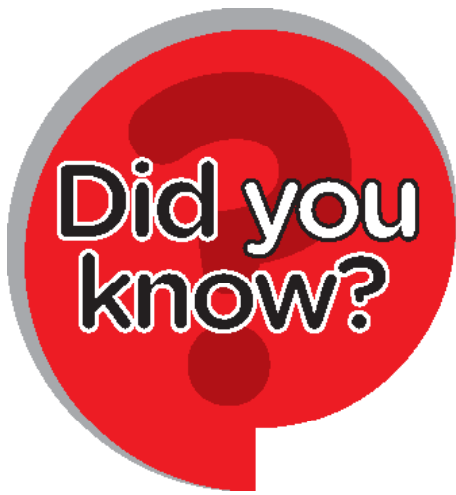
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BIG SEAN

Send your reactions through our social media pages (@FYIonline) and send us your list.

Editor's social media - @garysamati



**The average
person falls asleep
in 7 minutes.**

Brief Gossip

**Azibambo
oumira akwiya
- SMAM**

1 . “Amati ndimupatse k2000 agule ma units ndangomupasa k10 yoflashira Ndamuza kt akandifuna azingoflasha, Kapena ndalakwitsa?”

2 . “Kumamuuzauza mkazi kuti you look good mu short hair kuti asamavute ndi ma

message a please bae I want money to do my hair Tchamani.”

3 . SMAM Member needs to have only one underwear and a simple boxer. No need for a wallet

4 . “When you meet a lady that truly loves you, You will discover that Women have

5 . “Ndaona akazi, oononga koma ndili nayeyu wanyanya. Mphakan doom coil wa 50 kuyatsa usiku umodzi !!”

WEIRD!



Tay Grin Posts “Baby Mama with no drama”

Our favourite “should get married” rapper barely posts girls he’s in a relationship with (or not clearly).

But oh well, in celebration of mother’s day, Tay Grin posted a picture of a girl he referred to as “baby mama with no drama.”

Perhaps taking a hit at artists like Martse and Janta who have recently been talking about the drama they’re going through with their baby mamas?



Bushiri talks about his case



Prophet Shepherd Bushiri, who -together with wife Mary Bushiri- is facing fraud and money laundering charges relating to how he, in 2015, bought a private jet from a white person, returns to court Friday 16th October 2020.

Bushiri was arrested in 2019 (February) in South Africa but his case had faced 3 adjournments as a result of state failure to bring forth evidence.

However, the SA based Malawian prophet returns to court today.

The prophet has since written the following message to his followers:

“Please take note that the court hearing of the case against my wife, Prophetess Mary Bushiri, and I, will be held tomorrow morning at 09:30 at the Pretoria High Court.

We have, however, been informed by our lawyers that the Judge has decided not to hold the hearing in an open court as he initially ordered on the 27th of July 2020. The Judge has now ordered that the pre-trial hearing should be held remotely via video conference.

We will provide feedback soon after the hearing. Please do not come at court premises - stay at home!

Thank very much for all your prayers and messages of support,” he said.





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Mabel to Receive Fashion Award

BY Sam Banda Jnr



It doesn't get any sweeter than this for Netherlands-based model and fashion icon Mabel Banda Khonje as she has been named this year's recipient of Urban Music People (UMP) Awards.

The good news come barely three weeks after the former Miss Malawi organiser launched her Boudoir Dollmabel lingerie at Latitude 13 in Lilongwe.

A press statement from UMP said they were happy to decorate Mabel with the Fashion Icon Award.

The statement further said that the Fashion Icon Award is given to individuals or entities which have made outstanding contributions to the growth of fashion and arts in Malawi.

UMP Awards Executive Producer Ken Zizwa, said Mabel is the shining star of Malawi fashion game hence

being recognised.

"Her style is refreshing, bold and uninhibited. We salute her on-going achievements in Malawi and beyond," Zizwa said.

Apart from launching a lingerie line recently, Mabel, the owner and founder of Dollmabel Fashion brand, also launched a lipstick line.

"My biggest inspiration is my late mother. However, I am also inspired by women in business who have managed to change the game and own their own brands. Influential women such as Rihanna and the Kardashians," Mabel said.

She added "Just like any other person starting their own business, it is never easy. But, I would advise aspiring fashion designers and models to work hard and never give up".

Born on August 10, 1983, Mabel who pursued her tertiary education at Malawi College of Accountancy and Varsity College in Pretoria, South Africa, holds an Associate Degree in Public Relations and Applied Communication from University of Wales in United Kingdom.

Previous UMP Fashion Icon recipients include Ben Wandawanda and Mary Chilima, wife to Vice President Saulos Chilima.

Recently musician Wendy Harawa was also announced as the Lifetime Achiever.

Meanwhile, nominations in other categories are open until November 20.

Powered by Chitoliro Productions, UMP 2020 Awards virtual ceremony will be held on December 19 2020.

Crochet Summer

Well, what a bummer it will be if we really see no summer. ‘coz we are all ready to let loose after a rough 2020.

As crochet designing is slowly becoming a thing for Malawians to embrace, one of the designers in that field, Sarah Kachingwe, has launched her summer collection dubbed “RAINBOW.”

The collection, she says, represents the hard year that 2020 has been - posing as a light at the end of the tunnel that things will always get better.

“Rainbow is a universal symbol of Hope and Promise. It assures us that there will be beauty and clarity following times of doubt. This project births the beginning of beautiful designs and a promise of success coming ahead of us,” said Sarah Kachingwe.



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International Politics

AROUND AFRICA



SARS PROTESTS IN NIGERIA

Demonstrations against police brutality have taken place in cities across Nigeria in the past week.

The protests started following the alleged killing of a young man by officers from the Special Anti-Robbery Squad (Sars) unit at the beginning of October.

Sars is being accused of theft, violent attacks and murder as people have been sharing their experiences at the hands of Sars.

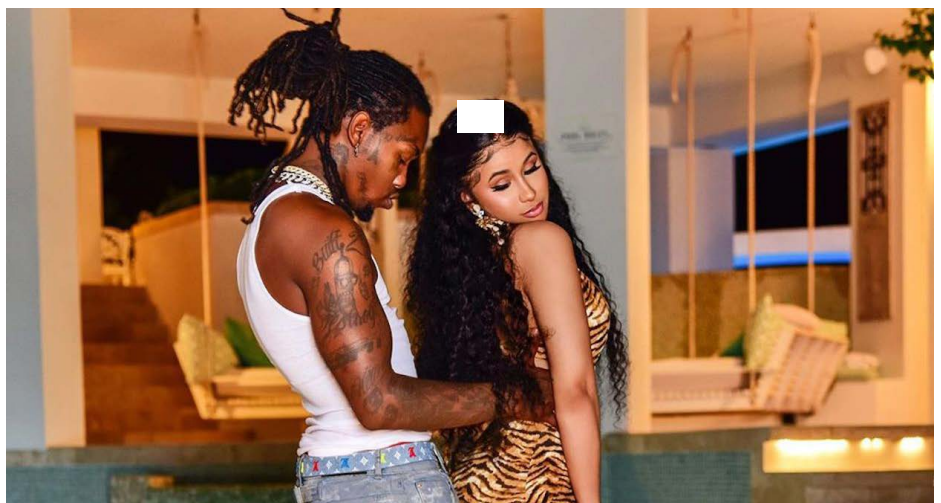


TRUMP: JESUS CHRIST IS MORE FAMOUS

President Trump is giving it up to Jesus Christ ... acknowledging the Christian messiah is more famous than he is.

He claimed someone told him he's the most famous person in the world "by far."

Trump -- ever the humble servant -- says he insisted he's not ... because that title belongs to Jesus Christ.



Int. Entertainment

Cardi B speaks on why she's "back" with Offset

Just a month after she filed for divorce from her estranged husband, the couple reunited during Cardi's 28th birthday in Las Vegas over the weekend. The two were seen partying

together and showing plenty of PDA, fueling speculation that they're back together. While it's unclear if Cardi plans to call off the divorce, she opened up about her decision to let Kulture's father back

into her life.

"I just be starting to miss [him]... It's hard not to talk to your best friend. And it's really hard to have no [sex]," Cardi told fans during an Instagram livestream on Tuesday.

UNSUNG HEROS: Takondwa Lwazi

BY James Mauluka

Takondwa Lwazi is a phenomenal player who despite being just 160cm tall, bosses the middle of the court for Malawi and the Blue Eagles. Born 15 May 1992, the Lilongwe native plays centre and is a hero both on and off the Netball court. When not playing netball, Takondwa is a dedicated sergeant in the Malawi Police Service who everyday puts her life on the line to serve fellow Malawians. She is a symbol of true hard work and bravery in her post as a sergeant. Her achievements on the Netball court however, are what make her stand out.

In July 2019 at the Netball World Cup held in Liverpool, Takondwa Lwazi produced a string of

strong performances that must be the highlight of her career. She finished the tournament with the 2nd Most Assists, a grand total of 167, in the 2019 Netball World Cup. Not only was she the only player on the list who comes from a country without a National Netball Arena (Malawi), she was also the only black African on the list and managed her great feats while being the shortest player, registering a height of 5 feet 2 inches, on the Top assists list. She was Top 5 in 2 categories as she also had the 4th most pickups with 16.

In October 2019, Lwazi followed up her amazing performance in the INF's Netball World Cup by being named best Centre court Player at the Africa netball cup 2019 that took place in

Cape town. Malawi finished second in the tournament and Lwazi was the best performing Malawian as she was the only Queen's player to bring home an individual accolade.

For most of her career Takondwa has played locally with the Blue Eagles however in September 2019 she got the amazing opportunity to play abroad. She was signed on a short term contract by the Manchester Thunder to specifically play in the BritishFast5Championship. The Manchester Thunder signed her with the aim of boosting team chemistry in the squad as they already had two Malawian Queens players in Laureen Ngwira and Joyce Mvula on their team.