



**Defilement: Chimakhala
chili chani?**

**GOSSIP:
10 MILLION
KWACHA
LAWSUIT**

**FRIENDS
OR
FOES?**



Racism in Malawi – a reality



An issue that's been in existence for a long time was brought to people's attention this week. Racism's been a problem and still is – right here in Malawi.

Well, a bit of a recap in case you missed the news: a girl named Daisy Chasweka took to social media to express her distress. She, in a Facebook post, accused a Blantyre spot – Mpingwe Sports Club – of telling her not to go to the swimming area because, “anthu akuda samapita kumeneko,” – m'dziko lako lomwe.

Well, on their part – staff at the club have said that the club only opens to people who pay 90 grand.

Nonetheless, more racism issues have emerged in the country, as a bedroom advert has angered yet more Malawians. The advert, posted by Best Properties – a real estate brand – on Facebook, said there is a two-bedroom house that's suitable for “only Malawians.”

These issues might sound rare, but most people who work for people of Asian origin in Malawi have complained of racism and/or harsh working conditions. It's about time that the government looked into the issue!

Editor,
Gary Samati

EDITORIAL TEAM

EDITOR |

Gary Samati

GRAPHIC DESIGNER |

Kelvin Sean Kamude

CONTRIBUTORS |

Zindzistwa Mvula

Cassandra

FYI TEAM |

Gary Samati

Gift Mlaviwa

Kelvin Sean Kamude

Thomas Chilaya

FEEDBACK |

WhatsApp/Call:

+265 (0) 881 885 512

EMAIL |

garysamati@bnltimes.com

SOCIAL MEDIA |

[f](#) @FYIonlineMW

[t](#) @FYIonlineMW

[i](#) @FYIonlineMW

WEBSITE |

www.fyi.mw



Page 10

Page 4 |
5 authentic Malawian dishes

Page 4 |
Recipe ya phala la mgaiwa

Page 5 |
Manthunt for Masm officer

Page 5 |
10 Million Kwacha Gossip



Page 9

Page 7 |
2 Malawian fashion icons head-to-head

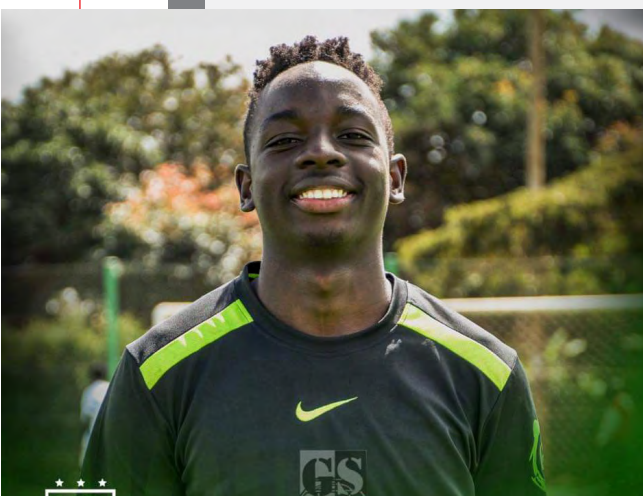
Page 9 |
Entertainment News

Page 11 |
International News

Page 12 |
Relationship communication

Page 13 |
Financial Freedom

Page 14 |
Sports Feature



Page 14

RECIPE YA PHALA LA MGAIWA



Ingredients: 3 cups of water, 1 cup of whole ground dry maize (mgaiwa), half cup of milk dash of salt.

Directions: Combine ingredients in a saucepan and cook over high heat. Stir constantly to prevent lumps. Bring to a boil, reduce heat and then cook while its covered – for about 15 minutes.

5 Authentic Malawian Foods

A list of 5 Malawian foods birthed in Malawi. What's your favourite?

5



Kholowa

4



Phala la mgaiwa

3



Zitumbuwa

2



Thobwa

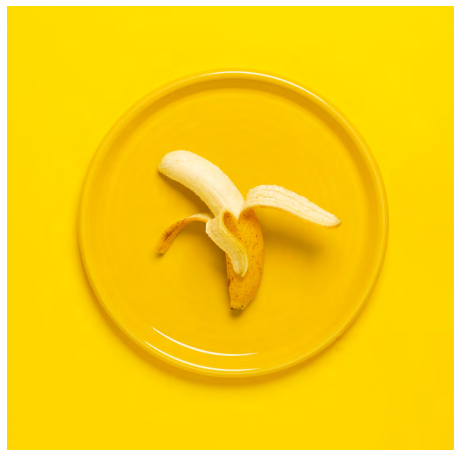
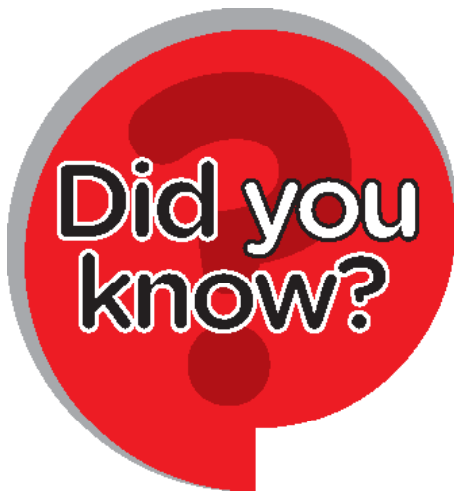
1



Nsima with Chambo

Send your reactions through our social media pages (@FYIonline) and send us your list.

Editor's social media - @garysamati



There is currently one female president in Africa (Sahle-Work Zewde, Ethiopia).

Brief Gossip

Daywalking a 10 mill nightmare

4 social media users are apparently being sued for defamation, we've gathered.

According to a document our team recently read, dated 2 October, a law firm is on the verge of taking the 4 to court, on behalf



Manhunt for Masm Officer

Contrary to social media reports over the past few days, Andrew Ngwira, who is the Chief Commercial Officer of the Medical Aid Society of Malawi (Masm), has not been arrested... yet.

But get this: Blantyre Police are actually on a manhunt – trying to arrest the man for allegedly defiling a girl less than 16 years old. We talked to Augustus Nkhwazi, Public Relations Officer for Blantyre Police, who indeed confirmed the allegations.



of a claimant who's been listed as "their client."

But there's more... after listing the claims by the apparent client, the firm asserts, "Our client has instructed us to claim from you the following on his behalf... (a) Damages for defamation at MK10,

000.00 for each person (b) Costs of this action this far at MK2, 000.00 to be shared equally."

The document goes on to warn the 4 that if they do not respond within 14 days from 2 October, the matter shall be taken to court. [Next page]

More Gossip...

8:39 | 0.4KB/s

← Tweet



Good Girls

@KandyPure02

So @mpambejr munalowa mu
chigoba cha @daywalkermw k
mufunse za ine?

Inuyo za inuyo leroli titati tiyale
Twitter pano ziyenda?

I am friends with your wife and
respect her but this is utter bull
Francesco. Mukule koma beca
wina nde athana nanu

Translate Tweet



Tweet your reply

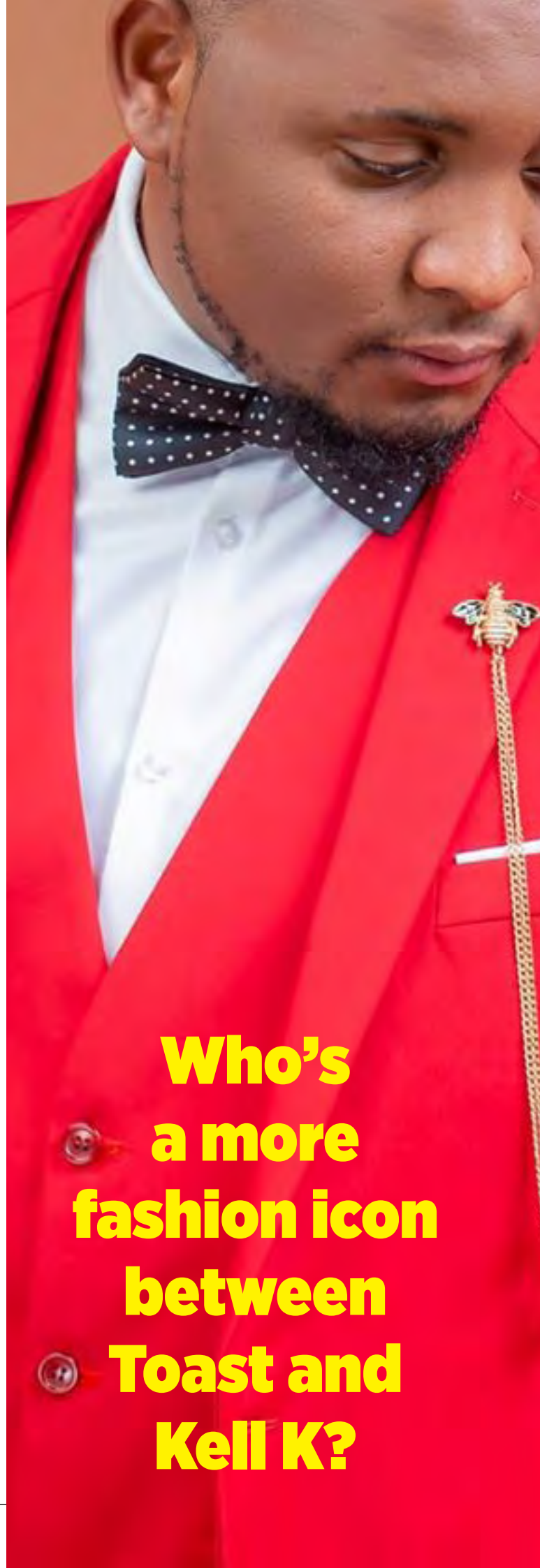
Well, the background of the story is... a twitter account dubbed Daywalkermw was created last month – with the sole purpose (or it seems) of “exposing” people’s scandals. Basically, bringing the Nyekhwé vibes back to the Twitter timeline.

However, a few tweets later, a few social media users started insinuating that the account was being ran by one Francesco (an allegation he has denied). Well, most asserted that they would take the guy to court... but... the irony, it seems, it seems they’re the ones who’ll be taken to court in a defamation case.

According to the document we’ve seen, these are some of the claims being made:

1. On the material day, 29th September, 2020 when the tweets were posted, the claimant was working with a club in Lilongwe at the induction ceremony at a hotel and from there on proceeded to a hospital for a donation ceremony. At and during the course of all these events, his phone was being used for live streaming as such, could not be used by anyone including himself for other purposes.
2. The people that continued to attack him despite distancing himself from the account are (not limited to) Alice, Mphatso, Karen, and Yamikani who, according to the doc, instructed Hubert to post a picture alluding that he was looking for the aforementioned claimant’s whereabouts.
3. He manages social media pages of celebrities, business persons and companies whose trust he’s apparently lost after the allegations were made.

However, the five involved are yet to address the issue on their social media pages.



**Who's
a more
fashion icon
between
Toast and
Kell K?**



ADVERTISE HERE

TIPS AND CONTRIBUTIONS
GARY | 0881 885 512

ADVERTISING
LAVERN | 0888 118 133

Dee to return for Arnold Classic

BY The Daily Times



Renowned female bodybuilder Doreen 'Dee' Kumbatira has been invited to take part in next year's edition of Arnold Classic Competition slated for Johannesburg, South Africa next year in May. Kumbatira has engaged an extra gear in readiness for the annual event.

"This time I have decided to engage my trainer earliest as soon after I got my invitation. She is based in South Africa so we are training online. I have started my preparations this early as there is a lot to consider and take into account, from getting my body stage ready which takes different stages to get a good package. Diet and nutrition are key to a successful preparation and this cannot be over-looked," she said.

Kumbatira is hoping to perform much better, having finished eighth during last year's event.

"Last time I participated, I got in

the top 10 out of good number of seasoned athletes, being my first time on this big stage I knew I could do better the next time around. It was a great experience," she said.

The first Malawian female bodybuilder to have come to the fore said she was humbled to be invited in a high profile event.

"It's a great honour to be invited to such an event. I am proud to be the first Malawian to grace the stage and I look forward to competing with my fellow Malawians in the near future," she said.

Kumbatira called for support to compete effectively, saying the sport was expensive.

"I am now looking for well-wishers and sponsors to assist me attain my goal of becoming Malawi's first professional athlete in bodybuilding so that I can fly our flag even higher. Bodybuilding is an expensive sport, being an individual sport, but it

has a lot of perks for an athlete. I would love to see more Malawian women join the sport and I will be more than happy to assist. Check me on my platforms @deekeepsfit, www.deekeepsfit.com and info@deekeepsfit.com," she said.

Last year, Kumbatira won gold and bronze medals during the South Africa 'Xtreme' bodybuilding contest held at Silverstar Casino. She clinched a gold medal in Bikini fitness category for participants measuring at over 172cm.

This category attracted 18 competitors. She also scooped bronze medal in different category which attracted 15 competitors. The development came as a relief to the bodybuilder, who finished on position eight out of 35 participants during the Arnold Schwarzenegger Classic show.

Frenemies?

Looks like the two rappers, Fredokiss and Martse are back to being friends after dissing each other through the “Dadada” and “Adidas” songs. But how long will it last?



INTERNATIONAL NEWS

International Politics

AROUND AFRICA



AKA RELEASING A NEW EP

South African rapper AKA is set to release an Extended Playlist (EP) on 6 November this year.

The EP includes a song titled "Mufasa," – his nemesis Cassper Nyovest's alter ego. Whether the song is another diss track or not? Time will tell...



USA PRESIDENTIAL DEBATE

Tump is pulling out of the 2nd debate with Joe Biden, because it would be done remotely ...

Biden's also said he will NOT take part in the debate after Trump backed out and refused to adhere to the CPD's safety protocols. Biden instead "will find an appropriate place to take questions from voters directly on October 15th, as he has done on several occasions in recent weeks." - TMZ



Int. Entertainment

Kanye selling campaign merch, but not campaigning

Kanye West is in the home stretch of his Presidential campaign, and he's laser-focused ... on making money off a pricey line of 2020 Vision merch.

Ye unveiled a collection that included \$60 hats and \$160

hoodies Wednesday night while the legit VP candidates were debating. The items included messages like, "Vote Kanye" and "God Save America."

Now, he's not completely ignoring his actual campaign -- Ye also listed a brief summary of

his Presidential Platform.

Among other things, Kanye says he wants to restore prayer in classrooms, reduce household and student loan debt, work on equality in the criminal justice system and take care of the environment. - TMZ

IMPROVING YOUR COMMUNICATION!

BY ZINDZITSWA MVULA



Communication between you and your partner can be more successful if you adopt a positive attitude. Experts recommend that for any conversation, you should have a 5 to 1 ratio of positive to negative statements.

Comparing your partner negatively to someone will be counterproductive to your discussion. 'Why can't you be more fun like Derek's girlfriend?' 'None of my exes were as stingy as you are.'

You cannot hope to achieve anything out of your spouse when you have been already making them feel so inadequate. Avoid judgment words and loaded terms: 'you are acting so childish right now.' 'I am so tired of your 'poor me' attitude.' Your partner will respond in anger

and you will never get anything resolved.

Couples who know how to communicate effectively can nip issues in the bud before they turn into significant relationship eating problems. Great communication is anchored on honesty. Speak up when you are hurting, or you disagree with your partner. Do not pretend to be happy if you are not. Honesty will help you and your partner to solve problems more efficiently. Being more intentional about your communication techniques will help to create a safe place in the relationship where all issues can be addressed and solved.

Always think carefully about the impact of what you are about to say to your partner. Taking responsibility for your actions shows that you are mature. Being

defensive will make it difficult for your spouse to raise an issue next time. Remember, there is no shame in admitting that you made a mistake.

What is illogical is adopting an egoistic stance that prevents you and your partner from moving forward. One of the most critical aspects of communication is listening. Most times, communication between a couple entails each partner trying to get their point across.

Effective communication demands that you become a good listener. What is more, active listening is much more than being quiet. Listening is a skill that calls for you to develop a genuine interest in your partner. Be curious about your partner's point of view rather than trying to anticipate every situation.

FINANCIAL FREEDOM

BY Cassandra Kasabola



Lately, maintaining financial stability has become a problem to most people. It is not as hard as it may seem like. You would find just a few people that are earning a living debt-free. We would say most people are financially entangled.

Managing one's finances is an aspect that is crucial and should be accommodated by anyone. Instances that you would find a young man crabbed in a debt web or being unable to grow his finances or assets are due to mishandling of finances. In worst circumstances, one is reported to the police due to delayed payment of debts one is obliged to. You can actually find someone who attains a penny salary or small income being able to cater all expenses and earning a living debit-free and yet the

one attaining a fat salary and all bonuses from work struggling to find financial freedom. Finances need to be managed, regardless of the amount or level.

This has come as a result of different causes, young people tend to spend it all to meet the world pleasures and to spoil themselves. There is absolutely nothing wrong with spoiling yourself or meeting the world's advancements; if you are doing it responsibly by keeping your expenses low and saving.

That thing of seeking public attention and trying to please anyone will absolutely attract debts. It's sad that you see people get loans for spending, as economists say, "loans are for investing, not spending."

The other ill cause is people tend not to be satisfied with what they

have or gain i.e. salary, wages, and assets. Financial satisfaction is something that shouldn't be taken lightly. Satisfaction does not depend on how much one earns, it even hits those well paid employees or business owners.

The other cause is unmanageable and untechnical investing with loan capital. Investing is a broad word, and most people do not know that. What are you investing, should be the question whenever you have to. Some investments are way more risky that can lead you into cold debts. Every investment is associated with risks, which you need to assess and find ways on how to retain and manage them if expected outcome is deviated.

It's actually sad that most youth lack information on finance management.

Rising Stars: Andrew Numero

BY James Mauluka

Malawian Football has a lot of exciting young talent on the way. Andrew Numero Malisero is perhaps the best example of such talent. The 20 year old Malawian professional footballer is Malawian's next big sports Star. What's impressive about Andrew is not just the age at which he is already playing his professional football aboard but also the fact that he is so versatile on the football pitch. He can Striker and can take up multiple midfield positions.

Numero's rise can be attributed to his love for the sport his supportive guardians. Numero who grew up in Ndirande and has a self professed love for the area often tagging his Instagram pictures with #ABoyFromNdirande He started playing football at the tender age of 7 and played grassroots football for Surestream Academy before his guardians moving to Kenya in 2013 gave life to dreams of becoming a professional football

player. With better academy infrastructure and more organised football leagues, it wasn't long before Andrew's talent got him attention from the right eyes. He joined the Sub County Kenyan football African Warriors and become an Elite client of Sports Recruiting USA. In 2018 Andrew's reputation and skill as a football player become so well known that he got his first call up to play for Malawi's Under 20 Junior Flames team.

Numero then got the opportunity to go and play University Soccer in the United States of America for William Carey University, through a football scholarship, he was listed as being part of the University team's roster for the 2019 season. After spending about a year in the year Andrew returned to Kenya and joined the Football Kenya Federation Division 2 side Commercial FC. He played his first Match for the club on the 9th of February this

year and even got a debut goal. All seemed to be going well for the young Attacker until Covid-19 struck. All football play was halted and Numero was left frustrated. However like the religious young star likes to say, "God is in control" and on the 3rd of September 2020 Numero's faith paid off big time. He signed his first Top Division Contract will arguably the best side football team in Kenya, Gor Mahia FC. This is definitely the highlight of the young star's career. It's a 3 year contract running till the year 2023 and it obviously means so much to the player who stated to the club's website ; "It is an honour for me to be able to play for this amazing club".

Congratulations to Andrew Numero Malisero for his unorthodox yet inspiring journey to the top, the hope is that he has many great years at the highest level ahead of him.