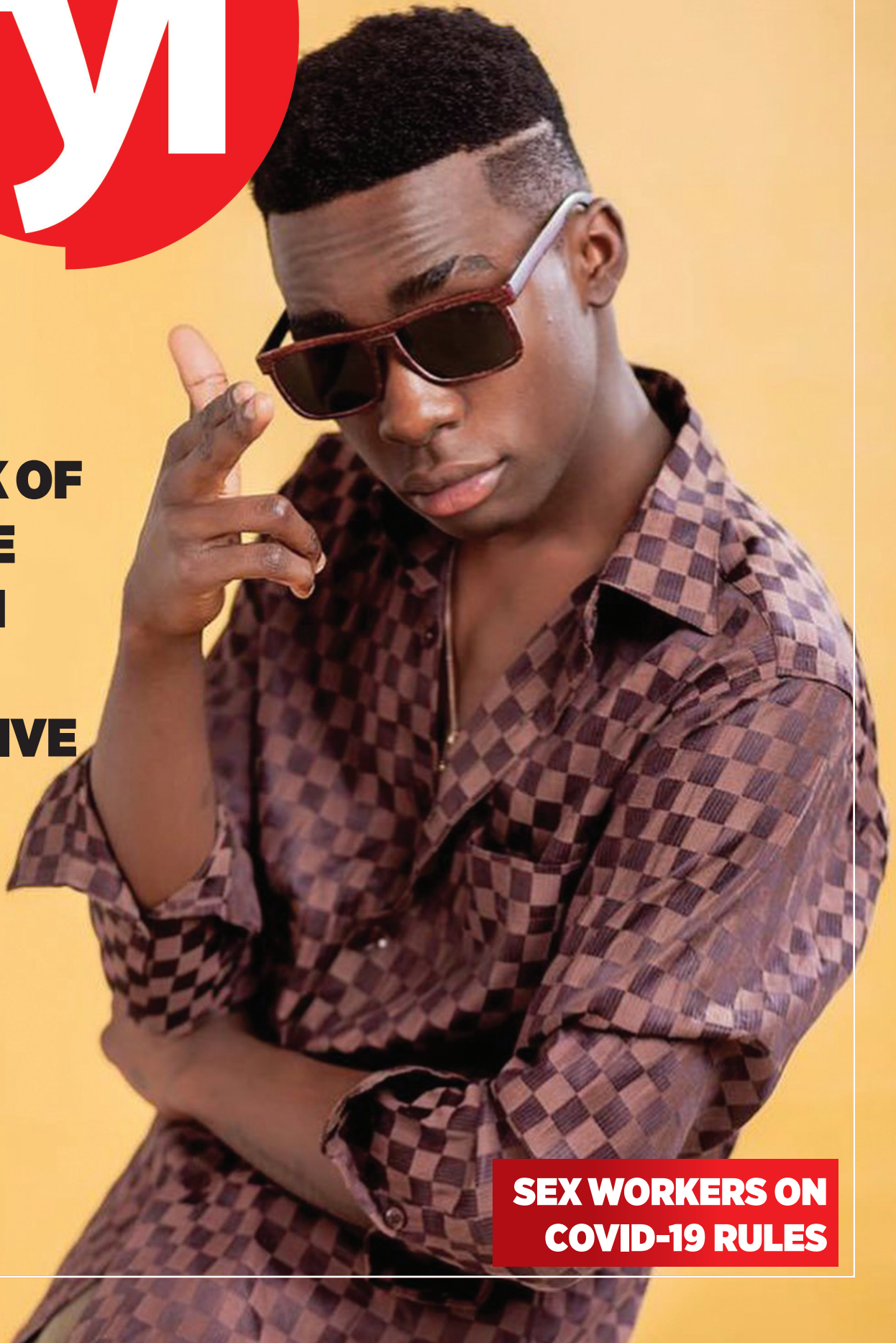




**JUSTICE FOR MSUNDWE  
GIRLS!**

**THE  
BOOK OF  
Z LIVE  
FROM  
THE  
BEEHIVE**



**SEX WORKERS ON  
COVID-19 RULES**

# “Boma la Tonse” Debates Among the Youth



**A** debate that has been going on among most young people since the Tonse Alliance was elected: holding your government accountable without sounding anti-Tonse and/or pro-DPP.

Most young people, if the 2020 Fresh Election Polls hype is anything to go by, voted for the Tonse Alliance in large numbers. Be it the love for now incumbent President Dr. Lazarus Chakwera or the love for a man most say, “*anatiika m’botolo*,” Dr. Saulos Chilima... most young people who were eligible to vote this year, backed the Tonse Alliance – an alliance they love and believe in.

Well, a few months into their rule, a few decisions made by His Excellency Dr. Chakwera and the Tonse-led Government have sufficed a lot of debates among young people. Surprisingly, any comment made against a decision made by the Tonse Government is seen as anything but constructive criticism. You can love your government and hold them accountable to their decisions.

**Editor,**  
**Gary Samati**

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# Getting Your Anger Under Control

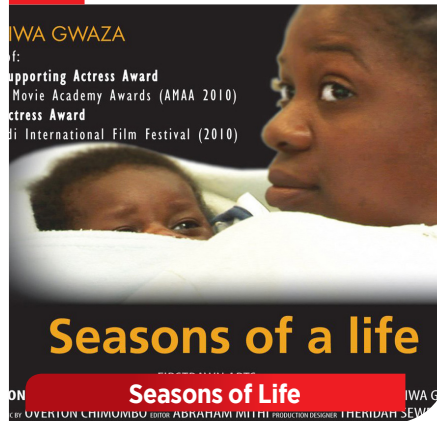


1. Think before you speak.
2. Once you're calm, express your anger.
3. Get some exercise. Physical activity can help reduce stress that can cause you to become angry.
4. Take a timeout. Timeouts aren't just for kids. Give yourself short breaks during times of the day that tend to be stressful.
5. Identify possible solutions.
6. Stick with 'I' statements.
7. Don't hold a grudge.
8. Use humor to release tension.
9. Practice relaxation skills.
10. Know when to seek help.

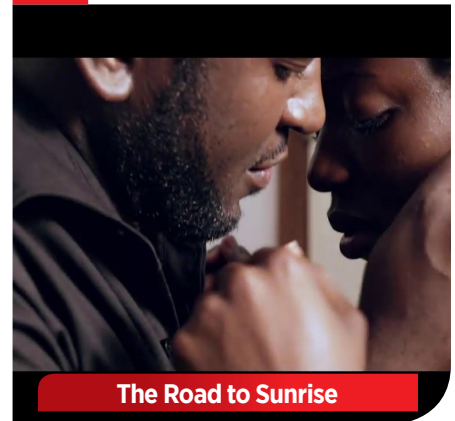
## Top 5 Malawian Movies

While we anticipate the movie "Fatsani," that has been postponed by its producers, HD Plus Creations due to Covid-19, we decided to look back at some of the best Movies released in a Malawian setting. Here's our list:

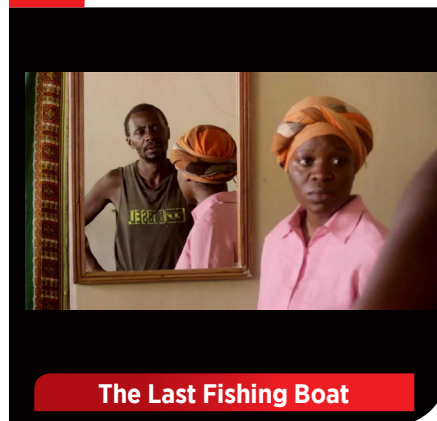
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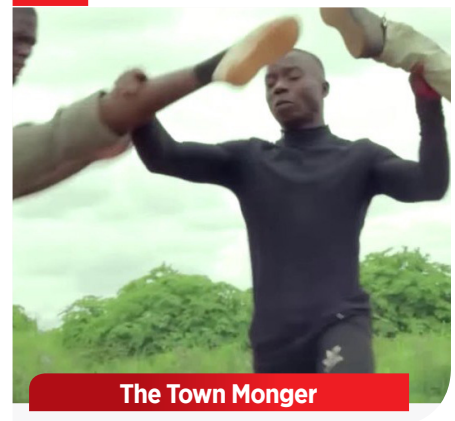
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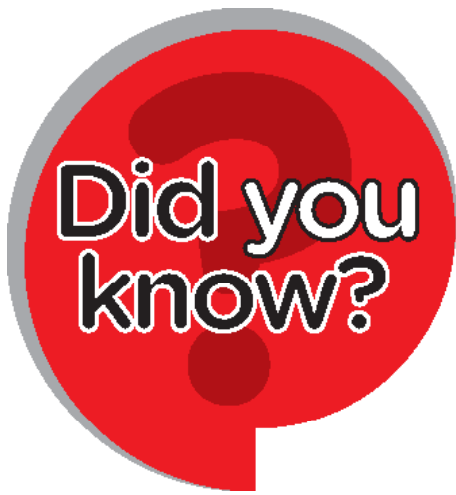


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Send your reactions through our social media pages (@FYIonlineMW) and send us your list.

Editor's social media - @garysamati



**There is currently one female president in Africa (Sahle-Work Zewde, Ethiopia).**

## Brief Gossip

### Sex Workers on Covid-19 Rules

**W**ell, reading the title, all you'd think is... "What exactly are sex workers worried about, Covid-19; rules affecting business?" Well, not exactly but close to that. Reports suggest that sex workers in the country expressed their concerns over the rule that seemed to have banned Church gatherings, before the Presidential Taskforce on Covid-19



Is there a way to kill your father?



73 comments

### Posting on drugs?

A Malawian young man whose name we've decided not to disclose has been posting a lot of weird Facebook statuses, leading to many assuming he's been posting on drugs.

The young man, in a series of posts complaining about his dad and casually talking about other things (like how to find a Covid-19 cure – yeah, randomly), added a question that raised a few eyebrows as it read, *"Is there a way to kill your father?"*



reverted to the 100 gathering rule on Thursday, 20 August 2020.

Their alleged concern? Well, they believe the religious gatherings will have serious mental impact on sex workers who go to church.

Reports allude that Lucy Mtajili, chairperson for Lilongwe Sex Workers, expressed, on behalf of sex workers, dissatisfaction with the government

over the earlier decision to "indirectly" ban churches amid Covid-19 partial lockdown. Efforts to reach Lucy for further comments proved futile.

The Government has responded to the concerns raised by Church leaders and not more than 100 people are allowed to gather, as of 13 August 2020.

## Creative of the week



Name: **Chimwemwe Vinkhumbo**

Creative Industry: **Traditional Artist (Painter)**

**When did you start painting and how long has it taken you to perfect your craft?**

“My journey began in Form 1, at Mount Sinai, where I started learning art as a subject. That’s where my art foundation was laid, learning theory and applying all that practically. That was in 2009 but I stopped for a while in 2011, then picked art up again in 2013.”

**How well does your target market receive/ appreciate your work?**

“The general reception towards my work is good. People show a lot of love and appreciation for my work. Sharing it before I even ask them to. Which is amazing!”

**How do you deal with the challenges of being a Malawian Creative?**

“I learn a lot from artists who have faced the same sort of challenges and dealt with them. One thing that I do is read up a lot on how artists in other countries thrive and prosper. Along with that, I watch videos where artists explain these things.”

**What’s the dream you have for your brand?**

“I don’t have it all figured out yet, but I just want to make very beautiful art first for Malawi and beyond Malawi. I want my art to fill homes and spaces where it’ll spark excitement to people who see it.”

# Notable Fashion Quotes

by Mayamiko Chiwaya



“Shoes transform your body language and attitude. They lift you physically and emotionally”

-Tasha Brighton

“You can’t be better than your competition; you just have to dress better.”

- Anna Wintor

“Clothes and manners don’t make the man but if he is made, they greatly improve his appearance.”

- James Churchill

“Good Grooming is integral and impeccable, style is a must. If you don’t look the part no one will want to give you time or money.”

- Raymond John

“Men with style are great, because they have a sense of self.”

- Amanda Croks.

“Fashion is what you are offered four times a year by designers. Style is what you choose.”

- Lauren Hutton.



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## Shammah Vocals' New Vocals Soon

BY Precious Hemah



**M**usician Shammah Stola who is popularly known as Shammah vocals in the music industry, is set to release new track this month-end called Ebenezer.

VJ Ken is the one producing the video of Ebenezer which is expected to be beamed on different local television stations very soon.

Shammah Vocals who lives in Machinjiri Township in Blantyre studied Industrial Laboratory Technology at the Malawi Polytechnique.

He dedicated his success in gospel music to the Almighty God for lifting him up and he added that prayer is

the key to someone else's blessings. He said his music urges people to pray if they are struggling in this life. "There are times when a person would feel stuck at one place, yet you have all the capabilities to handle big issues. That is when you pray like Jabez and ask God to enlarge your territory." Shammah explains.

With the current situation of Covid 19 pandemic, Shammah says he has put everything in God's hands when it comes to selling his new track.

"At every situation there's always a window placed by God. And in this situation I strongly believe my songs

will do good as we have already seen how the newly released song of Bless My Hustle is enjoying airplays on both international and local channels"

This year Shammah has released two songs: Duwa, which was released on Valentine's Day (featuring Lulu) and Ebenezer, which will be released by the end of this month.

He says he will release a new album next year and promised his fans to expect the great difference between the new album and the previous album because now he is matured musically.

# The Book of Z Live from the Beehive

BY Gary Samati



**O**ne artist who's brought a new Malawian wave in the music industry this year – Eli Njuchi. The young artist blessed his fans with a masterpiece dubbed "The Book of Z," in April this year. The Extended Playlist is indeed the gift that keeps on giving as Eli Njuchi decided to yet again wrap it all up in a live set – for his audience to enjoy. *The Book of Z Live* is set to air on a Malawian local television channel, Zodiak, on 15 August 2020 and later on sold in a 4GB FlashDisk at K5,000.

Here's an interview we had with Eli Njuchi:

**Please give us a brief background of your personal life and music career.**

"I grew up in LL, did my school up to msce level, currently waiting to enrol into college. I started music with my friends as we used to sing over riddims that led to my first

song titled *Never Leave You* in 2015." **We've listened to and love your latest EP, what inspired you to initiate "The Book of Z?"**

"It was inspired by life events, I thought I would relate with others by this collection. This is a story hence it's called a book and the names had to be inline with the stories I meant to tell in it."

**Please give us more details about the live performance initiative...**

"It has been my dream to perform with a band, even though now we can not hold shows I thought it would be nice to let people watch us do what we love that's why we shot The Book Of Z live."

**What other plans do you have this year?**

"More music. This year has been a special one, plans are in the pipeline and new music will be coming out plus an album by end of this year."

## FIVE ELI NJUCHI FUN FACTS

**1. I'm afraid of crowds.**

**2. I'm a Man United Fan.**

**3. I'm bad with names.**

**4. I've never been a fan of live interviews.**

**5. I can eat nsima everyday.**

# MALAWIAN URBAN DICTIONARY

## WORD OF THE WEEK

### Monaz

A Chichewa slang word for "Morning"

"Ndivaya kumalo kuja monazi"

"I will go to the place in the morning"

## INTERNET ABBREVIATIONS

**ASAP:** As Soon As Possible

**SMH:** Shaking My Head

**DM:** Direct Message

**OOMF:** One of My Followers

**Peeps:** People

## ASK SIBWENI



Think of Sibweni as the uncle you wish you could get advice from. Send us the uncomfortable questions you have through our social media inbox @FYlonlinemw or WhatsApp **0881 885 512**.

### Note:

Your question is published anonymously.

[f](#) [t](#) [@](#) @FYlonlinemw

## Death

## Sentence for Blasphemous

## Nigerian Artist

A young Nigerian musician has been sentenced to death by hanging for circulating a song, on WhatsApp, that insults Prophet Muhammad.

The artist, a 22-year old, is known as Yahaya Sharif and dwells from Kano State and has 30 days to appeal the judgment. According to the BBC, Sharif circulated the song in March and he did not deny the charges.

The BBC also writes that states across Muslim-majority northern Nigeria use both secular law and Sharia law, which does not apply to non-Muslims and only one death sentence has been carried out since the Sharia courts introduced the law in 1999.

## Claude Msowoya - Poet

BY Ameze Okoro



### What sparked your passion to do poetry?

"I have always been interested in literature since I was a kid but then I mostly wrote short stories and articles on current affairs. I started poetry after finishing secondary school because I was going through a huge low on my life and I felt so misunderstood to the point that I felt like the only way I can let it out is to put it on paper. And that's how the poet in me was born."

### Does poetry bring any monetary gains?

"I have made money from poetry before when I sold my first collection. Which was titled B.O.A.R.D.S which stands for Ballads Of A Really Damaged Soul. But the money was not a significant amount. It's hard to make significant money from poetry in Malawi because the reading culture is not as strong."

### Any other poetry collection in the

### works at the moment?


"Currently I'm working on a collection titled 'Tilombe' which is in English and Tumbuka. I may throw in a Chichewa poem too. This collection will drop on 28 August. I'm so excited about it because just like the first one, this collection is about a part of me I have been so scared to open up about and it has really been hard expressing my emotions into those words but I feel like I did my best. And I hope people will love it. And of course it will be for sale."

### How can the poetry industry in Malawi improve?

"The reading culture in Malawi is really underwhelming to say the least. It's hard to make a name and a living for yourself as an artist let alone a poet, Malawians are just learning to appreciate art and I hope the positive development will go a long way."

# Good Men & Good Women Do Exist

BY Zindzitswa Mvula

A romantic couple, a man and a woman, are shown in profile, facing each other and about to kiss. The man is on the left, wearing a white t-shirt and a gold chain. The woman is on the right, with long dark hair. The background is a soft, out-of-focus light, suggesting a bright outdoor setting. The image is used as a background for the article text.

**S**ometimes, love is something that just happens to fall into an unbelievably lucky person's lap. However, for the most part, love is always something that you're just going to have to struggle and fight for.

You might be so unlucky that you have to endure a few heartaches before you can find a good man/woman. It's important that you never lose hope. Just because you have had a string of bad luck with your relationships doesn't mean that you're never going to get it right. The good man/woman is out there. And it's always important that you maintain your belief in the fact that he/she exists. If you're not convinced am here to tell you so; you attract mostly what you believe.

The law of attraction. Not isn't just something that people have made up over the years. It's real. You really do attract what you believe. You get the energy you give off into the world. If you always believe that all men/women are going to be bad, then you are essentially going to attract all

of the bad men/women to come into your life. Considering what will happen when a good man/woman presents themselves to you, you will start to question and validate your perceptions that he/she is not the one which will lead into pushing him/her away.

The endurance of heart break should not be a defence mechanism because you do not want to deal with working on yourself; hence you project relationships as a waste of time since you keep giving yourself excuses and you keep failing, considering you have that belief that good men/women do not exist.

At the end of the day, you're just going to have to believe in love if you eventually want to find it for yourself. You are never going to be able to find love unless you believe in its existence. And so, if you convince yourself that there are no good men/women out there for you to find, you are essentially shutting the door for love to walk into your life.

# WEEKLY NEWS RECAP!

Here is a recap of the 5 things that happened this week.

1. **Kenyatta Nyirenda, who is the High Court Judge, ordered that the Police Officers who sexually assaulted and raped 18 women and girls at Mpingu and M'bwatalika in Lilongwe be arrested within 30 days from 13 August 2020.**
2. **The Presidential Taskforce on Covid-19 has withdrawn the 10 gathering limitation that was put in place as a Covid-19 precaution. Gatherings are now limited at 100.**
3. **President Lazarus Chakwera held a meeting with the youth, to commemorate yesterday's International Youth Day, at Kamuzu Palace in the country to be Creatives of change.**
4. **Two young guys were arrested for being in violation of two sections of the National and Wildlife Act 2017, as they were found in possession of 8 pieces of ivory.**
5. **Chancy Gondwe, Norman Chisale's lawyer, applied for an injunction on behalf of his client at the Supreme Court this week. Gondwe had earlier applied an injunction at the High Court to stop police from any further arrest plans levelled against Chisale for any other crime but the court dismissed the application. The Supreme Court of Appeal adjourned the hearing to Monday 17 August.**

## Justice for Msundwe Girls

BY Gary Samati



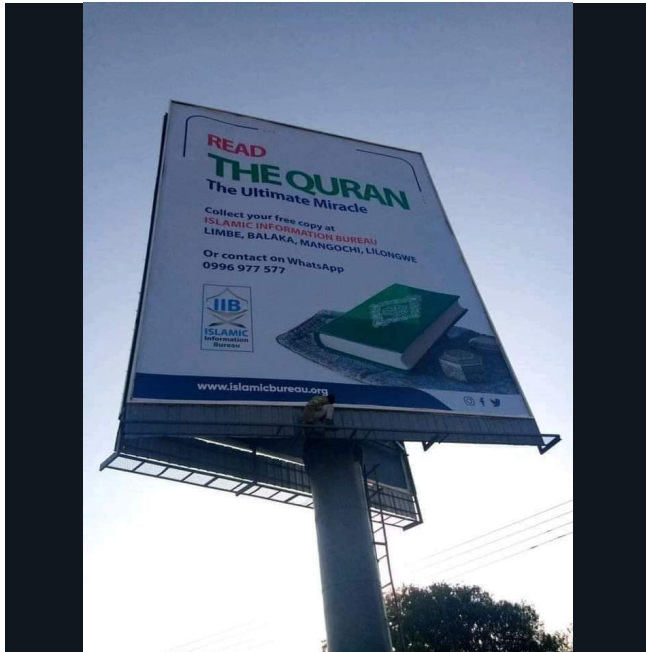
**T**he trauma... the pain... and the suffering that 18 Msundwe girls and women were subjected to – sees justice prevailing in the end, as High Court Judge Kenyatta Nyirenda passed his judgment yesterday.

In October 2019, as former President APM delivered a speech in Lilongwe, Malawians set up roadblocks to protest and stoned Usumani Imedi (a police officer) to death, as he tried to control the situation. It is alleged that his colleagues went to M'bwatalika and Mpingu in Lilongwe to retaliate for his death – and 18 women and girls were raped by the officers.

The case, which took 10 months as the Women's Law Society (WLS) sued the government of Malawi, has finally seen judgment which faulted the Malawi Police Service (MPS) for their conduct at Msundwe after the death of Imedi. The judgment also declared that the Inspector General of Police failed to have a credible system that could ensure that the MPS officers carried out their duties keeping the law in mind. This, according to the judgment, amounts to torture, cruel, inhuman and degrading treatment and punishment.

Judge Kenyatta Nyirenda has ordered that the women and girls who were raped by police officers should be compensated, as the Registrar of the High Court, Agness Patemba, must assess how much within 21 days. Furthermore, the judgment orders that the police officers who were involved in the sexual assault and rape of the 18 girls and women should be arrested within 18 days.

President of the WLA, Tadala Chinkhwezule (in the picture above), who led the association in the case, told the media that the judgment embodies the aspect of, "Justice has to be seen to be done."



## New Muslim Billboard Erected in Limbe

Following the earlier apparent-controversial Muslim billboard that was received with mixed feelings among Malawians – mainly Christians when erected July month end, a new Muslim Billboard was erected this week.

The first billboard had the message “If you have read the new and old testament, now read the last testament – The Quran.” The billboard was taken down thus led to a controversial saga as different religious Malawians raised their concerns.

The controversial saga saw the interference of Minister of Civic Education and National Unity Timothy Mtambo as he wrote a letter addressed to Public Affairs Committee (Pac) to engage Muslims and Christians, to continue the co-existence that has been shown by people of different religions in Malawi since independence.



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# Player Profile – Mary Chavinda

BY Tiyamika Mkwanda

**Full Name:** Mary Chavinda

**Nickname:** Ma Dimple, Adadiche

**Sport:** Women's Football

**Born:** 27 December, 1998

**Weight:** 65 Kg

**Family:** Mary is the last born in a family of 6

**Coaches:** Jafalie Sanudi, Gift Nyirenda and Charles Lubani

**Bio:** Mary plays for the Scorchers (formerly known as "She Flames"). She has also played in numerous international tournaments.

First international tourney was in South Africa (COSAFA Women's). The 22 year-old also played in the national team tournaments in Zimbabwe, Mozambique and Kenya. However, she failed to qualify for the 2020 Olympic qualifiers in Tokyo – prior to the cancellation due to covid-19.

Mary Chavinda expresses that she models her game on Alex Morgan and she's driven by the ambition to one day play in the European Champions League.

